

PEARL KEAWE'S VALLEY HULA STUDIO

FUNDAMENTAL STEPS

1. VAMP STEPS RIGHT 1,2,3, TURN *VAMP LEFT STEP 1,2,3, TURN
2. SLIDE STEP RIGHT 1,2,3,4, TURN *STEP LEFT 1,2,3,4
3. HIPSWAY RIGHT, LEFT, RIGHT, LEFT. (4 COUNTS)
4. QUARTER TURN *STEP LEFT AND RIGHT FORWARD AND TURN
STEP R. & L. FORWARD & STEP LEFT & VAMP R. L.
5. KALAKAUA *STEP L.&R. FORWARD 1,2,3, & TURN
STEP R. & L. FORWARD & STEP 1,2,3,& TURN STEP L. & VAMP
6. FORWARD VAMP *STEP RIGHT FORWARD 1,2,3, & TURN RIGHT 1,2,3,
turn LEFT VAMP
7. SWING STEP* STEP LEFT SWING R.L.R. TAP L. THEN SWING
STEP LEFT R.L. TAP R. THEN
STEP RIGHT L. R. TAP L. THEN
STEP LEFT AND VAMP R. & L.
8. UWEHE** (KNEE BEND)
STEP R. FORWARD (UWEHE)
STEP L. FORWARD (UWEHE)
STEP R. FORWARD (UWEHE)
STEP L. FORWARD (UWEHE)
STEP BACK R. (UWEHE)
" " L. "
" " R. "
" " L. "
9. AMI** (HIP CIRCLE)
HIP CIRCLE R. (4 COUNTS)
HIP CIRCLE L. (4 COUNTS)
10. TRIPLE AMI** HIP CIRCLE R. (2 COUNT) AND TRIPLE CIRCLE
HIP CIRCLE L. (2 count) AND TRIPLE CIRCLE
11. AROUND THE ISLAND** HIP CIRCLE R. WITH R. FOOT STEPPING FORWARD (4)
HIP CIRCLE L. WITH L. FOOT STEPPING FORWARD (4)
12. TRIPLE STEP** R. FOOT SIDE FRONT UWEHE
L. FOOT SIDE FRONT UWEHE
13. POSE STEP*** R. FOOT POINTING FRONT (2 COUNTS)
L. FOOT POINTING FRONT (2 COUNTS)
14. OCEAN STEP** STEP L. & 1,2,3, TURN RIGHT 1,2,3, FORWARD
1,2,3, BACK TURN FRONT & VAMP LEFT
15. BRUSH KICK** STEP R. & BRUSH L. UWEHE